

Helpful Phone Numbers and Resources

Aetna Retiree Advocates: 1-800-367-3636 (TTY: 711)

Monday through Friday, 8 a.m. to 5 pm CT

- **Option 1: Express Scripts (Prescription Drugs)**
 - **Option 2: Aetna Medicare Advantage Plan (Medical)**
 - **Option 3: Aetna Standard Plan**
 - www.trsretireehealthplans.com
- **TRS Offices: 1-888-237-6762 (for eligibility and enrollment questions)**
 - **Social Security 1-800-772-1213 (TTY: 1-800-325-0778) Call Social Security to enroll in Medicare Part B**
 - **Aetna's Informed Health® Line- 24 hour nurse line for your health questions B**
 - **Both Standard and MA members have access to this program**
 - **1-800-556-1555**

Programs For TRS-Care Medicare Advantage Members:

- **Silver&Fit®: 1-866-333-4274**
www.silverandfit.com
- **Access2Care Transportation Benefit**
 - **1-855-814-1699**
- **Healthy Lifestyle Coaching**
 - **1-866-213-0153**

